



Trillium

HEALTH RESOURCES

COMMUNITY NEWSLETTER

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TRILLIUM OPERATIONS

Trillium Health Resources continues to serve our members and communities during the ongoing COVID-19 pandemic. Trillium staff are working in remote locations as needed and holding meetings online through secure platforms. We are in frequent communication with our network providers, community agencies, and government officials to ensure ongoing care for members during and after the outbreak. **Everyone can continue to reach us through our Member & Recipient Services at 1-877-685-2415.**

RECENT HIGHLIGHTS:

EASTERSEALS EMPOWER CAMP HOSTS DISNEY-THEMED ROYAL BALL

Easterseals UCP ended their EMPOWER summer camp with a Disney-themed Royal Ball. Everyone dressed up in their favorite royal attire and enjoyed food, awards, and a dance party. The ball was the perfect end to a summer that included pool days, bowling, crafts and more. Find more photos of the event on our [Facebook](#) page.



VICTORY JUNCTION FUN CONTINUES THIS FALL

Trillium families had a blast at Victory Junction in September! Animals, archery, and aquatics were just some of the fun of the weekend. It was full of lifelong memories and inclusive activities. Interested in your own Victory Junction adventure? Spots are still available for the October 28-30 retreat. Trillium families can sign up using the [Fall 2022 interest form](#) before October 18. More information is available on the [Victory Junction page](#).



NC MEDICAID ANNOUNCES DELAY TO TAILORED PLANS LAUNCH

NC Medicaid changed the start date for Tailored Plans. The new start date is April 1, 2023. Until April 1, 2023, you will keep getting services the way you do now. NC Medicaid and Trillium will share more details in the weeks to come.

Please view the [NCDHHS website](#) for more information.



MEMBER SPOTLIGHT: SYDNEY

Doctors diagnosed Sydney with Rett syndrome at age three. Rett syndrome creates challenges in an individual's ability to walk, eat, and even breathe. With the help of Trillium and services waivers, Sydney and her family have the support they need. The [Turny Evo seat](#) is one improvement that has made a huge difference in travel both near and far.

Wheelchair ramps on vehicles make travel possible for many people who use wheelchairs. Built-in ramps have their limitations. Individuals have to stay in their wheelchair while traveling.

This can be uncomfortable on long drives. Ramps also need a good deal of clearance when in use. Sydney needed her wheelchair to move around, but a ramp made short and long drives difficult. Sydney's mother found the Turny Evo seat for travel without those limitations. She then reached out to Trillium to see what might be possible. After research and discussions, their vehicle modification was ready to go. Sydney could now get in the car with a click of a button. Her brothers are also all too happy to help secure their sister for school, soccer practices, or a trip to the beach. She has her own seat she can get in and out of any parking spot.

The Turny Evo seat is one of the accommodations Sydney uses to live a safe, happy, and comfortable life. She and her family can now travel easier. Sydney can comfortably listen to music with a fast beat. The personal favorite in the car is Taylor Swift. On a long trip, her brothers immediately feel Sydney's sharp side-eye when they annoy her. The family can see Sydney's excitement when they finally reach family in Michigan or spot the tallest roller coaster as they near Busch Gardens or Disney World. Venturing outside the home can help enrich our lives. With her Turny Evo seat, Sydney and her family can follow their own roads, wherever they make take them, with ease and comfort.



NOTEWORTHY:

TRILLIUM JOINS COMMUNITY PARTNERS AT GUNS, GANGS, & YOUNG LIVES MATTER EVENT

The [Guns, Gangs, & Young Lives Matter](#) event focused on addressing gun violence. It took place at the Cultural Wellness Center in Jackson, North Carolina. United Services Youth hosted the event. Presenters included local leaders and advocates, and a free performance by Free Derrick. Trillium staff was grateful to participate and connect with community members.



OVER 90 FIRST RESPONDERS COMPLETE CIT TRAINING ACROSS EASTERN NC THIS SPRING

New Crisis Intervention Team (CIT) officers and first responders are on the job. CIT officers have the skills to better understand and de-escalate individuals with mental illness, substance use disorders, or intellectual/developmental disabilities.



Since July, we have seen:

- 18 graduates of the Columbus County Sheriff's Office and Whiteville Police Department
- 48 DPS corrections officers who completed the training at Pitt Community College
- Eight graduates of the New Bern Fire Department completing 24 hours of the training
- Nine graduates of the New Hanover County Sheriff's Office and Burgaw Police Department
- Six New Bern police officers, New Bern Tele communicator, Pitt County detention officer, and Emerald Isle police officer for completing the requirements to become CIT Officers.
- Eight graduates of the Rocky Mount Fire Department completing 24 hours of training at Nash Community College.



We offer congratulations to new CIT graduates for their dedication to our communities!

SHARE YOUR TRILLIUM STORY

At Trillium, we love stories of hope and well-being. Our member and recipient's stories not only inspire. They also help empower and connect others to the services and resources for healthy, fulfilled lives. If you or a family member is interested in sharing your story, please email info@trilliumnc.org with a little about yourself and how services have impacted your life. We can't wait to hear from you!

MEDICAID TRANSFORMATION

MEMBER & RECIPIENT PORTAL NOW AVAILABLE ONLINE

The new Member and Recipient Portal on the Trillium website makes it easier to request changes to your contact information, send in a complaint, or request an appeal to a decision on your services. Tailored Plan members will also be able to request a new ID card once they are mailed later this month. Visit trilliumhealthresources.org/members-recipients-portal to check it out.

RECENT TRILLIUM NEWS RELEASES

[Letter: Trillium to create inclusive Health Equity Council \(8/26/2022\)](#)



TRILLIUM HOLIDAY REMINDER

Trillium staff will take the following holidays; the Member & Recipient Line will remain operational.

VETERAN'S DAY
Friday, November 11

THANKSGIVING
Thursday, November 24
Friday, November 25

FOLLOW US ON SOCIAL MEDIA FOR THE LATEST UPDATES!



- [@TrilliumhealthResources](#)
- [@TrilliumDirectConnectForEnrichment](#)
- [@TrilliumDirectConnectForRecovery](#)
- [@TrilliumNc](#)
- [LinkedIn](#)
- [YouTube](#)
- [@TrilliumHealthResources](#)

MONTHLY AWARENESS

HISPANIC HERITAGE MONTH CONTINUES THIS OCTOBER

The **Hispanic Heritage Month** celebration continues this month! We're excited to see the events and stories recognizing Hispanic heritage. There is so much to share, including the diverse range of countries and cultures that make up what it means to be Hispanic. The month goes from September 15 to October 15. Visit our [Facebook](#), [Instagram](#), and [Twitter](#) for more!

OCTOBER IS DOWN SYNDROME AWARENESS MONTH

Down Syndrome Awareness Month has broken barriers and promoted advocacy for over 40 years. This October, we can imagine a better world for all individuals with Down syndrome. We can build a world where individuals can realize their life aspirations, lead fulfilled lives, and feel included as valued members of their communities. It is up to us all to make such a vision reality.

A LOOK BACK AT PREVIOUS AWARENESS MONTHS

This summer brought us stories of our neighbors in eastern North Carolina and beyond. Take a look back at the following awareness months: **August 31 was International Overdose Awareness Day.** This annual campaign helps us mourn loved ones and end future overdoses. We shared resources, overdose prevention advocacy, and supportive messages. These practices can go a long way to ending overdose.

September was National Recovery Month. Recovery is possible. This month shares that message. Trillium joined individuals and organizations showcasing resilience and evidence-based treatment. Every recovery journey is different. This month lifts up the highs and the lows of everyone working to live fulfilled, healthy lives. Take a look back on these awareness months and more on Trillium's social media pages.



UPCOMING EVENTS & OPPORTUNITIES

Please visit our [Events & Training page](#) for cancellations and updates.

Oct 3, 2022

DMH/DD/SAS AND DHB CONSUMER WEBINAR NC Behavioral Health and IDD Consumers, Family Members Stakeholders

This webinar series is for consumers, family members, and community stakeholders to provide updates that may impact access to services from the Division of MH/DD/SAS and the Division of Health Benefits (NC Medicaid).

[Register to participate](#)



Oct 4, 2022

2022 NAMI NORTH CAROLINA ANNUAL

This year's conference focuses on getting #BackToTheBasics of educating, empowering, and encouraging members of our communities that are affected by mental illness.

[Register for conference](#)

Oct 5, 2022

BREATHE EASY NC How to Support Clients and Become Tobacco-Free

Learn step-by-step how to implement a tobacco-free campus policy and integrate standard-of-care tobacco use treatment at diverse programs, including inpatient, community-based, residential, and long-term services.

[Register](#)

Oct 13, 2022

PARENTS AS COLLABORATIVE LEADERS TRAINING Module 2: MAPS (Making Action Plans System) for Leadership

Complete MAPS for the purpose of tracing one's history, dreams, fears, qualities, strengths, and needs as a parent leader. The MAPS results will be used to create an action plan related to leadership development.

[Learn and Register](#)



CFAC

The Consumer and Family Advisory Committee (CFAC) is an advisory group for our communities devoted to enhancing care within our region. CFAC is a self-governing, self-directed group of volunteers who meet monthly to advise Trillium's area boards, make recommendations on policies, and work in partnership with Trillium. They provide a valuable perspective to help serve those with serious mental health, Intellectual/developmental disabilities, and substance use disorders.

CFAC's mission is to ensure that the development and delivery of services and supports remain responsive to the well-being of the people served.

Each member is either an individual with MH/SUD/IDD or a family member/guardian. A person considering membership must attend at least one meeting then submit an application form which will be reviewed by the appropriate Membership Committee. For more information, please visit [Regional CFACs](#) at Trillium.



[@CFACENC](#)



YOUR LOCAL CFAC CONNECTIONS

NORTHERN REGION

Bertie, Chowan, Northampton, Gates, Martin, Pasquotank, Camden, Currituck, Halifax, Hertford, and Perquimans Counties

Bland Baker

Northern Director
Bland.Baker@TrilliumNC.org

866-998-2597

CENTRAL REGION

Beaufort, Dare, Nash, Pamlico, Tyrrell, Craven, Hyde, Pitt, and Washington Counties

Dave Peterson

Central Director
Dave.Peterson@TrilliumNC.org

866-998-2597

SOUTHERN REGION

Bladen, Brunswick, Columbus, Jones, Onslow, Carteret, New Hanover, and Pender Counties

Cecelia Peers

Southern Director
Cecelia.Peers@TrilliumNC.org

866-998-2597

ABOUT US

Trillium Health Resources is a local governmental agency (LME/MCO) that manages serious mental health, substance use, and intellectual/developmental disability services for 28 counties in eastern North Carolina.

We are uniquely positioned to meet the distinct needs of the individuals and communities we serve, and our top focus is delivering the right services, in the right amount, at the right time. We know these populations and are deeply ingrained in their counties. We know how to treat, support and serve them most effectively.

Our communities are only as strong as their people. Trillium is committed to caring and fighting for the well-being of our citizens, because well-being needs a sturdy foundation at the start to prevent problems later and keep it standing through all kinds of weather.

Our number one focus is helping every person we serve get the services needed to improve well-being and live a fulfilling life. We're invested in every one of you.



Transforming Lives. Building Community Well-Being.

MISSION

Transforming lives and building community well-being through partnership and proven solutions.

VISION

For every community and individual we serve to reach their fullest potential.

MORE INFO, VISIT

TrilliumHealthResources.org