

Provider-Based TCM | Tip Sheet

WHAT IS PROVIDER-BASED TAILORED CARE MANAGEMENT?

Provider-Based Tailored Care Management (TCM) is part of North Carolina's Behavioral Health and Intellectual/Developmental Disability (BH/IDD) Tailored Plan known as the "Tailored Plan," but it is not the Tailored Plan. The goal of TCM is community-based, provider-driven integrated care to meet the needs of the whole person to create the best health outcomes.

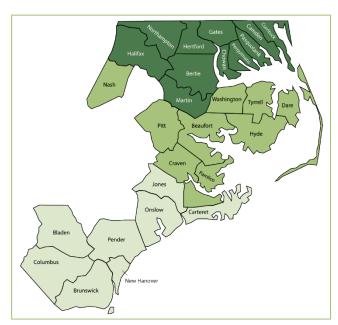
LOCAL MANAGEMENT ENTITY/MANAGED CARE ORGANIZATIONS (LME/MCOs) AND TCM PROVIDERS BEGAN OFFERING TCM AS OF DECEMBER 1, 2022.

Under TCM, Tailored Plan beneficiaries will have a single designated care manager who works with a multi-disciplinary care team to provide integrated care management to address all of a person's needs including physical health, mental and behavioral health, I/DD, TBI, pharmacy, long-term

services and supports (LTSS), and unmet healthrelated resource needs.

THERE ARE THREE TYPES OF ORGANIZATIONS WHO CAN PROVIDE **TCM**:

- Care Management Agencies (CMAs): provider organizations with experience providing behavioral health, I/DD, and/or TBI services
- 2. Advanced Medical Home Plus (AMH+): primary care practices whose providers have experience providing primary care services to BH/IDD and/or TBI populations
- Trillium Tailored Plan: care managers who work at Trillium with BH/IDD and/or TBI populations



Trillium offers TCM in all 28 counties of its catchment in eastern NC, Provider-Based TCM is offered in the majority of counties.

To download, read, or print the TCM Providers List in Trillium's catchment, visit Trillium's <u>TCM for Providers Webpage</u>

More information about TCM can be found at NC-DHHS, NC Medicaid Division of Health Benefits

