



# Access Point

*Have questions? Get some answers. It's easy and it's free.*

**Trillium Health Resources is strongly committed to bringing services and supports to the communities we serve.**

**We look for innovative ways to engage individuals and families and present helpful information.**

**Access Point can provide help when you need it.**

## BENEFITS OF ACCESS POINT FOR YOU

- Provides anonymous, evidence-based, self-conducted screenings available online 24 hours a day:
  - Depression
  - Adolescent Depression
  - Substance Use Disorder
  - Bipolar Disorder
  - Post-Traumatic Stress Disorder
  - Generalized Anxiety Disorder
  - Eating Disorders
  - Alcohol Use Disorder
- Provides immediate results
- Presents you with local referral information through our Provider Directory
- Includes a learning and resource section to inform you
- Is available in English and Spanish
- Is available from any computer or mobile device, including kiosk locations in several communities
- Allows you to use the system whenever, wherever, and as often as you choose

# Transforming Lives

## Taking care of your health means paying attention to your body and your mind.

These brief, confidential screenings cover several common behavioral health issues. You don't have to give your name or provide any other personal details to take part. By answering a few simple questions, you can learn more about what you or someone you know may be going through - and get recommendations for possible treatments or other actions to take.

Take a  
confidential  
screening >

Need help?  
Access the  
provider  
network >

Learn more  
about  
behavioral  
health issues >

## USING ACCESS POINT IS EASY

The image above is the first thing you see when you use the Access Point program. You do not have to give your name or provide any other personal details to take part.

By answering a few simple questions, you can learn more about what you or someone you know may be going through. Although Access Point does not provide a diagnosis, it can share whether you should seek more information to get help.

## ACCESS POINT KIOSKS

Trillium has several kiosks—privacy booths—in communities we serve. They meet current Americans with Disability (ADA) requirements if you use a wheelchair or walker. These kiosks offer you the opportunity to:

- Sit down to use the program to take a screening or look up resources
- Talk with Trillium staff through a phone that goes directly and only to them
- Take a wallet card with the Access Point web address for logging into the program at home

## FOR MORE INFORMATION

To learn more about the Access Point program and kiosk locations, you can do the following:

- Visit [www.TrilliumNCAccessPoint.org](http://www.TrilliumNCAccessPoint.org)
- Visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org) and select Access Point from the home page
- Contact Trillium at 1-877-685-2415



revised May 2018

ACCREDITED  
Health Network  
Expires 03/01/2019

ACCREDITED  
Health Utilization  
Management  
Expires 03/01/2019

ACCREDITED  
Health Call Center  
Expires 03/01/2019

Access Point Rack Card