

### CENTRAL REGIONAL ADVISORY BOARD MEETING MINUTES

JULY 31,2023 - 3:30 P.M.

The Trillium Health Resources Central Regional Advisory Board met in person and virtually on Monday July 31<sup>st</sup>, 2023 at 3:30 p.m., at 1436 Highland Dr., Washington, NC 27889

**MEMBERS PRESENT:** Jerry Langley, Pat Prescott, Tracey Johnson

**PRESENT VIA CALL-IN:** Amy Pridgen-Hamlett, Deborah Herring, Rob Ross, Miranda Keel, Wally Overman, Sheila Smith, David Clegg, Shevel Hunt, Dan Cone.

**MEMBERS ABSENT:** Ruthie Sheets, Luana Gibbs, JaNell Octigan, Jim Baluss, Earl Pugh, Mary Perkins-Williams, Nina Griswell

**STAFF PRESENT:** Dave Peterson-Sr. Regional Director, Desmetress Howard-Administrative Assistant.

## **GUEST:** None

# I. CALL TO ORDER:

Commissioner Langley called the meeting of the Trillium Central Regional Advisory Board to order at 3:30 p.m. on Monday, July 31, 2023.

### II. APPROVAL OF May 22<sup>nd</sup>, 2023 MINUTES:

Commissioner Langley called for a motion to approve the request with the corrections of meeting minutes for May 22<sup>nd</sup>, 2023. A motion was made by Commissioner Johnson seconded by Commissioner Prescott. The minutes were unanimously approved.

## III. PUBLIC COMMENTS:

None

#### IV. ADOPTION OF AGENDA:

Commissioner Langley called for a motion to adopt the agenda as written. The motion was made by Commissioner Prescott and was seconded by Commissioner Johnson. The agenda was unanimously approved.





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#### V. BOARD COMMENTS/CONCERNS:

In the last Advisory Board meeting Commissioner Johnson had concerns about housing and Dave said he would speak to Amy Modlin, who is our Housing Director. Dave reported back he discussed it with Amy, and she was aware of the situation and offered to have Commissioner Johnson give her a call to discuss it further. Dave will give that information to Commissioner Johnson.

### VI. CFAC REPORT:

Dr. Sheila Smith gave the CFAC report:

- Dr. Smith was re-elected as chair, Wayne Petteway was re-elected as vice chair. Felecia McNair who represents traumatic brain injury was elected as the secretary.
- 2 new applications for membership, Ryan Castle, TBI representative for Beaufort County and Cristina Rainer Family member with I/DD for Craven County.
- CFAC will also hold a budget meeting to forecast our budget for the fiscal year.
- Dr. Smith suggested that we continue building relationships with the Northern and Southern CFAC regions, so that we are working in unison.

# VII. GOVERNING BOARD REPORT/DIRECTOR'S REPORT:

Dave Peterson gave the Governing Board Report and the Director's Report

- Tailored plan has been delayed again. No time-frame has been given.
- Once legislation has been passed, we may go down to 4 LME/MCO's. The surviving MCO's will have 60 days to add the new counties. This will impact our Regional Boards, CFAC Regional Boards and Governing Board.
- There are about four hundred providers that have not re- enrolled, (Statewide). A large amount are independent practitioners, which may have an impact on our services.
- Sue Ann Forest, is our Director of Government Relations, and is working with the General Assembly as she advocates for Trillium.
- Victory Junction, has started back, Trillium has participated in this for at least 6 years. We send members and their families with development disabilities out for a weekend. This program was started by Richard Petty, it supports their families and kids with all different types of complex needs.
- Dave Peterson was asked to be Tribal Liaison, he will be learning about the different tribes and supporting them. He plans to meet with them during our conference in Cherokee in October.
- September we are focusing on Suicide Prevention, with the rising cases of overdose deaths.
- October we are holding a Hispanic and Latino health summit, the summit will be in Onslow County. Onslow County has the highest Hispanic/Latino population. These summits are focusing on physical health and behavioral health topics.
- We have opened up a couple of Oxford homes, they house adults with substance use.
- Hiring has been difficult and our employee turnover rate is at 12.78%
- 18.5 % of our budgeted positions are currently vacant, this is still lower than the national average.

## **COMMENTS:**

Deborah Herring shared with the board that she has been asked to speak at North Carolina Nurses association annual convention. The presentation will include her work on boards and Trillium, and will emphasize the whole person care.

# VIII. <u>ADJORNMENT</u>:

With there being no other business, Commissioner Langley called for a motion to close the meeting. The motion was made by Commissioner Johnson and seconded by Commissioner Prescott. Therefore, the meeting was adjourned at 4:44 p.m.

Desmetress Howard- Adm. Assistant

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